



# Hagar's Heart Resource Guide

All resources and services are free of charge unless otherwise specified.

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## Outreach Centers

(a general place for resources that you can walk into)

### Hope's Door New Beginning Center (Plano and Garland Outreach)

Shelter 24-Hour Hotline: 972-276-0057

Email: [info@hdnbc.org](mailto:info@hdnbc.org)

Outreach Program: Call at 972.422.2911 to schedule an intake appointment

Plano Address: 860 F Ave. Ste. 100 Plano, TX 75074

Garland Address: 218 N. 10th St. Garland, TX 75040

Hours: Mon. – Fri.: 9:00 a.m. – 5:00 p.m., Sat. – Sun.: Closed

Website: <https://hdnbc.org/find-help-now>

Survivors are eligible for all services provided free of charge with or without staying at one of their shelters. Housing, counseling, advocacy, legal support, and life skills training are available. Resources are available in both English and Spanish.

Updated as of: 01/31/24

### Wise Hope Shelter and Crisis Center (Wise County)

24-Hour Hotline: 940-626-4855

Email information: <https://wisehope.org>

Wise Hope Crisis Center: 608 N. US Business 287, Decatur, TX 76234

Phone: 940-626-4585

Hours: Monday – Thursday 9 am to 5pm, Friday 9 am – 1pm

Wise Hope Jack County Outreach: 200 N Church St, Jacksboro, TX 76458

Phone: 940-507-5025

Hours: Monday – Thursday 9am to 5pm

Wise Hope Montague County Outreach: 1123 N. Business Hwy 59, Bowie, TX 76230

Phone: 940-507-5025

Hours: Monday - Thursday 9am to 5pm

Website: <https://wisehope.org>

Beyond temporary shelter, services include legal support and advocacy, crime victims compensation assistance, counseling, and support groups, for both men and women.

Updated as of: 01/31/24

### Cross Timbers Family Services (Stephenville)

24-Hour Hotline: 866-934-4357

Main: 254-965-5516

Address: 277 W. Mason Street Suite 200 Stephenville , TX 76401-0016

Hours: Monday - Friday 9 am to 5 pm, Closed Saturday and Sunday

Website: <https://www.crosstimbershelps.org/>

Cross Timbers offers emergency shelter along with medical, legal, and judicial accompaniment, legal assistance, safety planning, and both individual and group therapy. They do not have an emergency shelter attached to their office, but they refer survivors to shelters. No appointment is needed, and resources are available in English and Spanish.

Updated as of: 08/16/23

### Safe Haven Resource Centers

Hotline: 1-877-701-7233

Office Phone: 817-535-6462

Email: [info@safehaventc.org](mailto:info@safehaventc.org)

Arlington Location: 1010 North Center Street, Arlington, TX

Ft. Worth Location: 1424 Hemphill Street, Fort Worth, TX

Website: <https://www.safehaventc.org/services>

Survivors not residing in a Safe Haven shelter can access counseling, case management, and legal aid free of charge.

Updated as of: 01/31/24

### Helen's Project

Phone: 830-400-7037, answered Monday - Thursday 8:30 a.m. to 5 p.m.

Email: [info@hlproject.org](mailto:info@hlproject.org)

Outreach Center Address: 3939 S Polk Ste. 212 Dallas TX 75224

Hours: Monday - Thursday 9:00am - 5:00pm, Closed for Lunch 12pm -1pm

Website: <https://www.hlproject.org>

Helen's Project assists with housing and financial struggles, counseling, and transportation to appointments. Their Future Hope Leaders Program provides a safe space for youth ages 5 years and up to empower, build and strengthen their self esteem.

Updated as of: Website inaccurate, need to contact them, currently unavailable

### One Safe Place Family Justice Center

Hotline: 817-916-4323

Main Fort Worth Location: 1100 Hemphill Street, Fort Worth, TX 76104

Hours: Mon.-Fri. between 8:30 a.m and 5:00 p.m.

Satellite Grapevine Location (GRACE): 837 E. Walnut St., Grapevine, TX 76051

Hours: Tuesday and Friday from 9:00 am - 4:00 pm

Website: <https://www.onesafeplace.org/family-justice-center>

About this resource: The services provided include counseling services, children's advocacy, drop-in childcare, food and clothing assistance, immigration services, job skills training, referral to law enforcement, legal assistance, parenting education, spiritual support, victim advocacy, and case management. LGBTQ+ and Spanish/multilingual resources are also available.

Updated as of: 01/31/24

### All Community Outreach (Collin County)

Phone: 972-727-9131

Address: 801 E. Main St., Allen, TX 75002

Hours: Monday- Thursday: 8:30-4:30, Friday: 8:30-4

Financial Assistance Application form: <https://www.tfaforms.com/4939883> (You'll get a response in 2-4 business days)

Website: <https://www.acocares.org/need-help/>

ACO offers income support including food, clothing, utility and housing assistance, medical visits and prescriptions assistance; and education and employment Services including GED classes, college assistance, financial coaching, and career counseling.

Updated as of: 08/16/23

### Parker County Center of Hope

Parker County Address: 1318 Clear Lake Road, Weatherford, TX 76086

Phone: 817-594-0266

Email: [info@centerofhopetx.com](mailto:info@centerofhopetx.com)

Hours: Monday - Thursday, 10am - 2pm (Evening hours Thursday 5:30-7pm)

Springtown Office Address: 350 Agnes N, Springtown, TX 76082

Phone: 817-771-0789

Email: [springtowninfo@centerofhopetx.com](mailto:springtowninfo@centerofhopetx.com)

Hours: Monday - Thursday, 10am - 2pm

Website: <https://centerofhopetx.com/>

This Christian faith-based center provides basic assistance: daily hot meals, groceries, financial assistance, medical assistance (covering prescriptions, co-pays, and minor emergencies), dental assistance, and mental health counseling and classes. They also have many opportunities for education and career development, including a variety of training courses and paid internship programs with ready to hire outcomes. Clients receive life coaching. Children can attend Camp Hope summer camps in which they'll have fun and receive books and groceries to keep.

Updated as of: Pending verification of information from organization

### Denton County Friends of the Family Outreach Center

24-hour Helpline: 940-382-7273

Address: 4845 S I-35 E, Suite 200 Corinth, TX 76210

Hours: Monday- Thursday 8:30am-8:00pm, Friday 8:30am-5:00pm, Saturday 10:00am - 2:00pm, Sunday: Closed

Website: <https://dcfof.org/servicesandprograms/>

DCFOF offers emergency shelter, in-shelter childcare, transitional housing with employment assistance, legal assistance, and counseling.

Updated as of: 08/17/23

### Battered Women's Foundation Mary Lou's Place

Phone: 817-284-8464

Email: [ClientServices@MaryLousPlace.org](mailto:ClientServices@MaryLousPlace.org)

Address: 4166 Willman Ave, North Richland Hills, Texas 76180, United States

Hours: Mon. & Fri.: 9am-3pm, Tues.-Thurs.: 9am-2pm, Sat. & Sun.: By appointment

Domestic Violence Survivor Program Application (fill out and email):

<https://img1.wsimg.com/blobby/go/e656cc15-f095-4a4a-aaf7-5b2d8a7d5c57/downloads/Domestic%20Violence%20Survivor%20Program%20Application.pdf?ver=1690292186083>

Website: <https://marylousplace.org/>

Their mission is to help battered partners, women and children become self-sufficient, by providing physical, mental, spiritual, educational and at times financial assistance. They teach the skills to be able to live a safe, secure and comfortable life and to be successful long term.

Updated as of: 08/16/23

## Grayson Crisis Center

24 Hours Hotline: 903-893-5615

Office Phone: 903- 893-3909

Address: 4200 N Travis St. Sherman, TX 75092

Website: <https://www.graysoncrisiscenter.org/>

Emergency shelter is available to those in need of a safe place. Through community giving, they're able to provide all necessary items for individuals and families as they transition out of crisis at no cost to them. Advocates assist with housing options, employment, legal services/protective orders, parenting, support groups, counseling, crisis intervention, and children's advocacy. These services can be residential or non-residential.

Updated as of: 08/15/23

## Women In Need

24 Hr Hotline: 903.454.4357 (HELP)

24 Hr Text: 972.591.7233 (SAFE)

Greenville Office: 903-455-4612

Rockwall Office: 972-772-3000

Website: <https://www.wintexas.org/>

They offer emergency shelter care, legal advocacy, an ex-residents program, counseling services, and prevention education. Call or text to get access to these resources.

Updated as of: 08/15/23

## The National Deaf Domestic Violence Hotline

24/7 Hotline: 855-812-1001

Email: [Nationaldeafhotline@adwas.org](mailto:Nationaldeafhotline@adwas.org)

Website:

<https://communityresources.dallascityhall.com/search/text?term=DOMESTIC+VIOLENCE&postal=75201&language=en>

About this program: The Deaf Hotline has advocates nationwide and is available 24/7 for crisis intervention, education, information and referrals for Deaf, DeafBlind, DeafDisabled callers. 24/7 services include:- Video hotline- Live

# Shelters and Transitional Housing

## Women Called Moses

Phone (for resources): 214-432-3017

Office Phone: 972-298-1155

Email: [info@wcmcares.org](mailto:info@wcmcares.org)

Website: <https://www.wcmcares.org/>

The SAFE Program seeks to immediately improve the housing, health, and development of homeless and at-risk mothers and children. This program will serve families consisting of a mother between the ages of 18 and 30 with at least one child aged 8 or under. They place these women in hotels, extended stay suites and apartments to immediately secure their safety until long term arrangements can be made. The S.T.A.B.L.E. program, geared toward middle-class women, operates a safe house in addition to coordinating with individual apartment managers and real estate services to secure housing at a reduced rate and supplement the costs for rent and utilities based on individual client income assessments for a period of up to six months.

Updated as of: 02/06/23

## Mosaic Family Services

24 Hour Hotline: 214-823-4434

Phone: Sulan Chang 214.821.5393 x258

Email: contact Sulan Chang at [SulanC@mosaicervices.org](mailto:SulanC@mosaicervices.org) or [home@mosaicervices.org](mailto:home@mosaicervices.org) for general inquiries

Address: 12225 Greenville Avenue, Suite 800 Dallas, Texas 75243

Website: <https://mosaicervices.org/>

Mosaic Family Services provides comprehensive and culturally sensitive services to all of our clients. These services include client advocacy, emergency shelter, transitional housing, counseling and therapy, legal services, community education, and outreach. Mosaic's Youth Services provides life skills classes for students. Additionally, the Economic Empowerment program provides life skills classes year-round focusing on financial literacy, job readiness, and healthy living and for survivors who would like more in-depth, one on one coaching, they have access to free personal development coaching, financial coaching, and career coaching through our partners and volunteers. Anyone can walk into the office to receive help!

Updated as of: 08/16/23

### Agape (East Plano)

Phone: 469-814-0453

Email: [info@hope4agape.org](mailto:info@hope4agape.org)

Address: P.O. Box 861664 Plano, TX 75086

Website: <https://www.hope4agape.org/>

Along with housing, Agape provides resources for childcare and development, workforce preparation, and reliable transportation.

Updated as of: Pending verification of information from organization

### Hope's Door New Beginning Center:

24 hour Hotline: 972-276-0057

The center has two women's shelters that can hold up to 55 women and children for 90 days. A third location, a local hotel, houses male survivors. Survivors of all genders and their children are provided with both English and Spanish life skills training, counseling, advocacy, and legal support. Pets can be fostered through their partnership organization Mazie's Mission.

Website: <https://hdnbc.org/shelter>

Updated as of: 08/16/23

### Emily's Place

Phone: 972-424-7775

Email: [info@emilysplacetx.org](mailto:info@emilysplacetx.org)

Address: 1121 E. Spring Creek Parkway #110-319 Plano, TX 75074

Resident Application: [https://emilysplace.formstack.com/forms/resident\\_application](https://emilysplace.formstack.com/forms/resident_application)

Website: <https://www.emilysplacetx.org/>

Residents can stay in group homes with a private suite for each family and 24-hour support staff and security for up to two years. During this time, residents will receive counseling, legal assistance, and education/job training. Emily's Place offers access to GED courses and scholarships for college or vocational training as well as transportation for school, work, and appointments. After two years, graduates can stay in single-family graduate housing for up to another two years, during which they can receive support through Camp Emily children's summer camp and during holiday events.

Updated as of: Pending verification of information from organization

### Texas Muslim's Women Foundation (Plano)

24 hour hotline: 972-880-4192

Updated 6.25.2024



Office Phone: 469-467-6241

Email: [tmwf@tmwf.org](mailto:tmwf@tmwf.org)

Website: <https://tmwf.org/>

Services include a 24/7 emergency hotline, 2 emergency shelters, education, legal services including immigration support, counseling and play therapy, case management, transitional housing apartments and HUD Rapid-Re-Housing for those facing homelessness. The foundation is multilingual and multicultural.

Updated as of: 08/16/23

## Safe Haven of Tarrant County Emergency Shelters

24 Hour Hotline: 1-877-701-7233

Phone: (817) 535-6462

Email: [info@safehaventc.org](mailto:info@safehaventc.org)

Administrative Office Address: 1010 N. Center Street, Arlington, TX 76011

Website: <https://www.safehaventc.org/>

The hotline connects survivors with proper SafeHaven resources, including shelter, counseling, legal aid, and more.

Updated as of: 08/16/23

## The Family Place

24 Hour Hotline: 214-941-1991

Main Line: 214-559-2170

Phone for Supervised Child Visitation and Exchange: 469-646-0261

Address for Supervised Child Visitation and Exchange: 8625 King George Dr., Ste 100  
Dallas, TX 75235

Website: <https://familyplace.org/home>

The Family Place provides safe transportation to one of their 3 emergency shelters, including a men's shelter. Onsite services include crisis counseling for adults and children, medical and dental care, early childhood education, K-2 school, after-school and summer programs for children, supervised child visitation, job and technical/life skills training for adults, legal services and an animal shelter for dogs and cats. Services are available in English and Spanish.

Updated as of: 08/17/23

## River of Life Homes

Phone: 214-886-3563

Email: [info@riveroflifelifehomes.org](mailto:info@riveroflifelifehomes.org)

Website: [https://riveroflifelifehomes.org/our\\_services.html](https://riveroflifelifehomes.org/our_services.html)

ROLH has an emergency shelter (0-30 days) for women and children (ages 0-12) who've experienced life threatening domestic abuse. Proof of incidence is required, and shelter is provided in two weeks or less. ROLH also has a transitional housing program (up to a year), for women with an income but not enough to pay rent elsewhere. Rent for transitional housing is determined off of income, and utility bills are included. ROLH provides shelter, food, clothing, counseling, education, employment assistance, and spiritual upliftment. Updated as of: 08/09/23

### Genesis Women's Shelter

24 hour Hotline: (call or text) 214-946-4357

Office: 214-389-7700

Office Address: 2023 Lucas Dr, Dallas, Texas 75219

Website: <https://www.genesisshelter.org>

Emergency shelter for women and their children, with an onsite school, is provided for up to 8 weeks. After that time, Annie's House allows them to stay up to 12 months in a private apartment, with access to tools and resources to build a safe, happy future. In addition to shelter, Genesis provides counseling and legal services.

Updated as of: 08/17/23

### Genesis Center North Texas

Phone: 972-932-4351

Thrift Store Phone: (972) 932-1894

Address: 2675 TX-34 Kaufman, TX 75142

Website: <https://genesiscenter.org/>

The Center offers individual counseling and assistance making and achieving goals, shelter, resources for daily needs, classes for parenting, domestic violence, substance abuse, anger management, life skills and GED preparation, job services, medical referrals, and spiritual mentoring. Women may stay up to a year here.

Updated as of: 08/17/23

### The Samaritan Inn

Phone: 972-542-5302

Email: [Info@saminn.org](mailto:Info@saminn.org)

Address: 1514 N. McDonald Street, McKinney, TX 75071

Website: <https://www.saminn.org/becomearesident/>

The Samaritan Inn is a transitional housing program that provides residents with resources and skills needed to gain independence and ultimately be self-sufficient. It's pet friendly

and helps with veterinary care. Intake Interview days are Tuesdays, Thursdays, from 9am until 1:30pm, and Sundays, from 9am until 1pm. Call the number to schedule an interview.  
Updated as of: 08/17/23

### Union Gospel Mission of Tarrant County

Phone: 817-339-2553

Address: 1321 East Lancaster Avenue, Fort Worth, TX 76102-6689

Website: <https://www.ugm-tc.org/need-mission-services/family-program/>

This organization takes in women and families facing homelessness. Proof of income is needed when applying. Call the number to learn about their intake procedures.

Updated as of: 08/09/23

### The Salvation Army of North Texas's Stop Domestic Violence Program

24 hour Hotline: 214-424-7208

Website: <https://salvationarmytx.org/north-texas/fight-for-justice>

The 45-day safe shelter includes meals, clothing, hygiene and other personal items. Other services are client advocacy, therapy, children's services, safety planning, legal advocacy, life skills/education classes, and non-residential services (advocacy and therapy for those who already have their basic needs met).

Updated as of: 08/17/23

### In My Shoes

Phone: 945-239-3496 (Mon.-Fri.: 9am -5 pm)

Email: [love@liveinmyshoes.org](mailto:love@liveinmyshoes.org)

Website: <https://liveinmyshoes.org/>

In My Shoes is one of the only faith-based nonprofit in the Dallas/Fort Worth Metroplex that houses homeless pregnant and parenting women from before the birth of their children to nine months after delivery. At In My Shoes, residents receive transitional housing, individual and group therapy, food and clothing assistance, parenting and life skills training, work and school support, and committed community. Moms must be pregnant to receive services. Call the number to receive support.

Updated as of: 08/16/23

# Food Assistance

## Tarrant Area Food Bank (Fort Worth)

Location and Schedule: <https://tafb.org/find-food/>

Request and appointment for help getting community resources like SNAP:

<https://outlook.office365.com/owa/calendar/CommunityResourcesSNAPampampREDBus@tafb.org/bookings/>

Use the link above to locate food near you.

Updated as of: 08/01/23

## Minnie's Food Pantry

Phone: 972-596-0253

Address: 661 18th Street Plano, TX 75074

Drive through hours: 8:30 am - 11:30 am Wednesday - Saturday, Closed every 5th Saturday

Website: <https://minniesfoodpantry.org/programs/drive-thru-service/>

Updated as of: 08/17/23

## Soul For Christ Ministry Inc.

Phone: 214-641-4577

Email (Food Pantry): [betty@soulforchristministry.org](mailto:betty@soulforchristministry.org)

Address: 2402 South Beckley Avenue, Dallas, Texas 75224, United States

Hours: Mon.-Fri. 11 am - 3 pm, Sun. 11 am - 1 pm, Closed Saturday

Website: <https://soulforchristministry.org/>

SFCM hosts a weekly food pantry, every Wednesday and Friday at 11 am. They operate on a first come, first served basis. If one is served at the Wednesday distribution, they are not eligible for the Friday distribution that week. SFCM also has 4 boarding homes for males and 2 for females, primarily serving those who are mentally ill or low-income. Guests are hosted regardless of their ability to pay. Counseling services are also available.

Updated as of: Pending verification of information from organization

## All Community Outreach Drive Through Pantry

Phone: 972-727-9131

Address: 801 E. Main St., Allen, TX 75002

Website: <https://www.acocares.org/need-help/>

Hours: Tuesdays 9am - 11am and 5pm - 7pm, Thursdays and Saturdays from 9-11am

The Food Pantry provides groceries for Collin County individuals and families in need. Any Collin County families can come to ACO's 801 E. Main Street drive-thru location. Proof of Collin County residency is required. For new clients, a QR code will be emailed after completion of a brief application in the drive-thru line. The QR code is required for future visits.

Updated as of: 08/15/23

### The Stewpot's Grocery Distribution

Phone: 214-670-1143

Email: [info@thestewpot.org](mailto:info@thestewpot.org)

Address: 1822 Young St., Dallas, TX 75201

Website: <https://www.thestewpot.org/grocery-distribution>

Every other Saturday, folks with proof of residence can receive no-cost groceries, pantry items, and household supplies. There are no income qualifications to participate.

Updated as of: 08/16/23

### Wylie Community Christian Care Center

Phone: 972-442-4341

Address: 1310 West Brown Street P.O. Box 262 Wylie, TX 75098

Hours: Monday, Wednesday: 10 am - 2 pm (Food, Clothing, Financial Aid For Utilities and Rent), Saturday: 10 am - 12pm (Food Only)

Website: <https://wyliecommunitychristiancare.org/>

They will help pay certain bills, depending on available funds, and provide food and clothing. To request food, clothing, or financial assistance you must apply in person at the center during regular business hours. They serve Wylie, Lavon, Nevada, Josephine, Copeville, Sachse, and Murphy. There is a volunteer who speaks Spanish on Mondays and Wednesdays.

Updated as of: 08/04/23

### The Store House's Seven Loaves Food Pantry

Phone: 469-385-1813

Email: [info@thestorehouseecc.org](mailto:info@thestorehouseecc.org)

Address: 1401 Mira Vista Boulevard, Plano TX 75093.

Hours: Thursdays: 3:30 p.m. - 6pm, Saturdays: 8:30 a.m. - 11 am, They serve until their daily service capacity is met, with the latest closing time being that listed.

Website: <https://www.thestorehouseecc.org/seven-loaves-food-pantry>

Walk-Ins are welcome. No appointment is needed to receive food. You may visit the pantry once a week.

Updated as of: 08/04/23

## The Salvation Army of North Texas

Carr P. Collins Social Service Center:

Address: 5302 Harry Hines Blvd. Dallas, Texas 75235

Phone: 214-424-7050

Hours: Mon: 8:30 a.m. - 10 a.m., Wed: 8:30 a.m. - 10 a.m., Fri: 8:30 a.m. - 10 a.m.

Mabee Social Services Center:

Address: 1855 E. Lancaster Ave. Fort Worth, Texas 76103

Phone: (817) 344-1800

Hours: Wed: 9 a.m. - 11 a.m.; 2 p.m. - 4 p.m.

Arlington Corps Community Center:

Address: 712 W. Abram, Arlington, Texas 76013

Phone: 817-860-1836

Hours: Tues: 9 a.m. - 3 p.m., Th: 9 a.m. - 3 p.m.

Denton Corps Community Center:

Address: 1508 East McKinney St., Denton, Texas 76201

Phone: 940-566-3800

Hours: Wed: 9:30 a.m. - 11:30 a.m., Fri: 9:30 a.m. - 11:30 a.m.

Garland Corps Community Center:

Address: 451 West Avenue D. Garland, TX 75040

Phone: 972-272-4531

Hours: Tues: By Appointment, Wed: By Appointment, Th: By Appointment, Fri: By Appointment

Fresh Food: Everyday from 10 - 11:30 a.m.

Irving Corps Community Center:

Address: 250 East Grauwyler Road, Irving, Texas 75061

Phone: 972-438-6553

Hours: Mon: 9 a.m. - 11:30 a.m., Wed: 9 a.m. - 11:30 a.m., Th: 9 a.m. - 11:30 a.m.

Lewisville Corps Community Center:

Address: 880 Fox Ave. Lewisville, TX 75067

Phone: 972-353-9400

Hours: Mon: 9 - 11:30 a.m.; 1:30 - 4 p.m., Tues: 9 - 11:30 a.m.; 1:30 - 4 p.m., Wed: 9 - 11:30 a.m.; 1:30 - 4 p.m., Th: 9 - 11:30 a.m.; 1:30 - 4 p.m., Fri: 9 - 11:30 a.m.; 1:30 - 4 p.m.

McKinney Corps Community Center:

Address: 600 Wilson Creek Pkwy, McKinney, Texas 75069

Phone: 972-542-6694

Hours: Mon: 9 a.m. - 12 p.m.; 1 p.m. - 3 p.m., Wed: 9 a.m. - 12 p.m.; 1 p.m. - 3 p.m., Th: 9 a.m. - 12 p.m.; 1 p.m. - 3 p.m., Fri: 9 a.m. - 12 p.m.

Fresh Food: Monday and Wednesday at the Corps from 9 a.m. - 10:15 a.m.

Northside Corps Community Center:  
Address: 3023 NW 24th St., Fort Worth, TX 76106  
Phone: 817-624-3111  
Hours: Wed: 9 - 11:30 a.m.; 1 - 4:30 p.m.

Oak Cliff Corps Community Center  
Address: 1617 W. Jefferson, Dallas, Texas 75208  
Phone: 214-941-5911  
Hours: Tues: 9 a.m. - 12 p.m.; 1 - 2 p.m., Wed: 9 a.m. - 12 p.m.; 1 - 2 p.m., Th: 9 a.m. - 12 p.m.; 1 - 2 p.m.

Plano Corps Community Center:  
Address: 3528 E. 14th, Plano, Texas 75074  
Phone: 972-423-8254  
Hours: Mon: 9 a.m. - 1 p.m., Wed: 9 a.m. - 1 p.m., Th: 9 a.m. - 1 p.m.

Pleasant Grove Corps Community Center:  
Address: 8341 Elam Rd. Dallas, Texas 75217  
Phone: 214-398-6619  
Hours: Tues: 9 a.m. - 12 p.m.; 1 p.m. - 3 p.m., Wed: 9 a.m. - 12 p.m.; 1 p.m. - 3 p.m.  
Th: 9 a.m. - 12 p.m.; 1 p.m. - 3 p.m., Fri: 9 a.m. - 12 p.m.; 1 p.m. - 3 p.m.

Waxahachie Corps Community Center:  
Address: 620 Farley St., Waxahachie, Texas 75165  
Phone: 972-937-7727  
Hours: Mon: 9 a.m. - 12 p.m., Wed: 9 a.m. - 12 p.m., Fri: 9 a.m. - 12 p.m.

Website: <https://salvationarmyntx.org/north-texas/cure-hunger>

Please call your local Salvation Army to ask about hours of operation for drive-through and curbside food pantries. All locations will be closed on Saturday and Sunday.

Updated as of: 08/07/23

## Care Church

Phone: 972-234-2273  
Email: [info@carechurch.org](mailto:info@carechurch.org)  
Address: 1504 East Campbell Road, Richardson, TX 75081  
Hours: You may come for food once every 28 days on one of these days:  
Tuesdays: from noon (12 pm) to 2:30 pm  
Thursdays: from noon (12 pm) to 2:30 pm  
1st Wednesday of each month: from 6 to 7 pm  
Website: <https://www.carechurch.org/carecorps>  
They'll serve you regardless of your zip code. When you arrive, park in front of the church. Wait in your vehicle and a volunteer will come to your car. You'll need a photo ID.

Updated as of: 08/11/23

### Christian Community Action

Phone: 972-221-1224

Email: [info@ccahelps.org](mailto:info@ccahelps.org)

Address: 200 S. Mill Street Lewisville, TX 75057

Hours: By appointment

Website: <https://www.ccahelps.org/food-pantry/>

If you reside within Argyle ISD, Carrollton-Farmers Branch ISD (Denton County portion), Coppell ISD, Frisco ISD, Lake Dallas ISD, Lewisville, ISD, Little Elm ISD, or Northwest ISDs, visit the Family Services office to obtain more details. Upon your visit, you will receive emergency food assistance and other essential items. Additionally, If you meet the eligibility criteria (see website), you may have the opportunity to schedule weekly appointments to visit the Food Pantry. Required documentation for additional services are a copy of all adults' photo identification, a copy of all children's identification (birth certificates or SS cards), proof of all adults' income in the household for the last month, a copy of lease, and a current utility bill or piece of mail to show residency. They also offer pet food.

Updated as of: 08/21/23

### First HAND Food

Phone: 817-921-3955

Address: 1516 Hemphill, Fort Worth, TX 76104

Grocery Hours: 9-10 a.m. Mondays, 11:30 a.m. - 1 p.m. Wednesdays, 10:30 a.m. - 12:30 p.m. Thursdays during summer months, 11:30 a.m. - 1 p.m. September 30 and December 30, 2023.

Sack Lunch Distribution Hours: 11:30 a.m. - 1:30 p.m. (Monday, Wednesday, & Thursday, in the dining hall - enter through the front door facing Hemphill St.)

Website: <https://www.fpcf.org/crossroads/>

First HAND provides two food options for our neighbors to choose from: receive groceries or receive sack lunches. Our neighbors may participate in one of the two options each month to meet their individual needs. They may either receive sack lunches every Monday, Wednesday, and Thursday or receive groceries once weekly.

Updated as of: 08/17/23



## Community Link Pantry

Phone: 817-847-4554

Email: [info@community-link.org](mailto:info@community-link.org)

Address: 300 Belmont St Saginaw, TX 76179

Grocery Pickup Hours: Monday- Thursday starting at 9 am

Website: <https://communitylinkmission.org/get-help/pantry-appointments/>

The Pantry will be open from 9am until we reach our limit Mon-Thursday with no appointment required. Pet food is distributed if needed. Counseling services are also available at the organization.

Updated as of: 08/17/23

## ROUMC Food Pantry

Phone: 817-625-6281

Email: [riveroaksumc@yahoo.com](mailto:riveroaksumc@yahoo.com)

Address: River Oaks United Methodist Church - 4800 Ohio Garden Rd Fort Worth, Texas 76114

Hours: The First, Third & Fourth Thursday from 8:30AM - 10:30AM

Website: <https://www.riveroaksumc.org/river-oaks-umc-food-pantry>

The program serves these zip codes: 76114, 76164, 76135, 76106, 76107, and 76179. Pet food is also distributed.

Updated as of: Pending verification of information from organization

## West Aid Community Resources:

Phone: 817-737-9338

Address: 7940 Camp Bowie West Fort Worth, Texas 76116

Distribution Hours: Mondays, Wednesdays & Fridays: 9:00am - noon

Client choice Mondays:

On Mondays only, they offer client choice to 50 people on a first-come-first-served basis. Distribution starts at 9 a.m. Clients will get a shopping list to pick the items they would like to receive, and volunteers fill the orders for you. Available two times per month.

Prepacked Wed. & Fri. Program:

They distribute pre-packed food from 9 a.m. to 11 a.m. on Wednesdays and Fridays (An individual can visit once per week).

Website: <https://www.westaid.org/food-security>

The program serves zipcodes 76107, 76108, 76109, 76114, 76116 & 76126. Proof of address required for each visit (ID, utility bill, bank statement). Pet food is also distributed here, and there are Spanish speaking helpers available.

Updated as of: 08/11/23

### HIM Food Bank

Phone: 817-453-3663

Email: [info@himcenter.org](mailto:info@himcenter.org)

Address: 150 S 6th Ave, Mansfield

Grocery appointments: Every weekday, 9:00 am – 3:00 pm by appointment only

Emergency groceries are given daily between 8:30 – 3:30 pm

Application: <https://himcenter.org/apply/>

Website: <https://himcenter.org/get-help/>

Fill out an application and receive free groceries for you and your family for 12 months.

Bring Proof of Residence and Identification when you come. They're no longer serving Dallas County residents (including Grand Prairie) at this time but can refer you to a nearby pantry within your zip code. The HIM Food Bank also operates a small store open to the public consisting of half-price/free essential household, cleaning, and hygiene items.

Updated as of: 08/17/23

### Neighbors Nourishing Neighbors

Phone: 469.296.8877 Ext 2

Email: [info@N3foodpantry.org](mailto:info@N3foodpantry.org)

Address: 474 N Hays Rd., Ste E1, Prosper, TX 75078

Distribution Hours / Horario de distribución:

Mondays / Lunes, 12:00-4PM (By Appointment- Con una cita)

Wednesdays / Miércoles, 1:00-7:00 PM (By Appointment- Con una cita)

Fridays/viernes, 1:00-4PM (By Appointment - Con una cita)

Website: <https://www.n3foodpantry.org/>

Spanish assistance is available. Make an appointment on their website's homepage. Walk in appointments available Wednesdays from 4-7 pm.

Updated as of: 08/14/23

### Central Bible Church Storehouse

Church Phone: 817-274-1315

Church Email: [connect@wearecentral.org](mailto:connect@wearecentral.org)

Address: Central Bible Church - Campus N. Building B - 8200 John T White, Fort Worth, TX 76120

Storehouse Distribution Hours: Tuesday & Thursday, 12PM - 6PM

Their Survey: <https://pantego.shelbynextchms.com/external/form/a02b0b54-e36d-4257-b921-2212e8b4fdbd>

Website: <https://wearecentral.org/storehouse/>

This organization provides food.

Updated as of: 08/11/23

## Waxahachie CARE

Phone: 972-923-2273

Email: [info@waxahachiecare.org](mailto:info@waxahachiecare.org)

Address: 1208 Ferris Ave. Waxahachie, TX 75165

Hours: Monday - Thursday: Distribution: 9:00 AM - Noon, Office: 8:30 AM - 3:00 PM,

Friday: Office Only: 8:30 AM - 12 PM

Application for assistance: <https://form.jotform.com/212285240872050>

Website: <https://www.waxahachiecare.org/>

This organization provides food and other forms of assistance.

Updated as of: 01/31/24

# Clothing and Necessities

## Hope's Door New Beginnings Center Resale Store

Address: 2129 W Parker Rd, #300. Plano, TX 75023

Phone: 972-769-0610

Email: [mtrevino@hdnbc.org](mailto:mtrevino@hdnbc.org)

Store Hours: Mon. - Sat.: 11:00 a.m. - 6:00 p.m., Sun.: 12:00 p.m. - 6:00 p.m.

Website: <https://hdnbc.org/resale-store>

Clients at HDNBC are eligible to receive a voucher for the store.

Updated as of: 08/16/23

## Children's Advocacy Center of Collin County's Rainbow Room

Phone: 972-633-6600

Address: 2205 Los Rios Blvd., Plano, TX 75074

Hours: Monday-Friday 8:00 AM - 8:00 PM

Website: <https://www.caccollincounty.org/waystogive/rainbow-room/>

Children can receive free clothing.

Updated as of: Pending verification of information from organization

## The Hope Chest Thrift Store

Phone: 940-683-4741

Email: Manager Amanda Seagroves at [hopechest@wisehope.org](mailto:hopechest@wisehope.org)

Address: 1117 Halsell St, Bridgeport, TX 76426

Hours: Mon, Tues, Th, Fri, & Sat 10am-5pm, Wed. 10am-7pm

Website: <https://wisehope.org/>

Updated as of: 08/16/23

## The Hope Chest Resale Store

Phone: 817-757-4410

Email: [hopechest@centerofhopetx.com](mailto:hopechest@centerofhopetx.com)

Address: 1318 Clear Lake Road, Weatherford, TX 76086

Hours: Mon. - Fri. 10am - 4pm, Closed Sat. and Sun.

Website: <https://thehopechestresale.com/>

Shop new and gently used clothing, furniture, home décor, housewares, seasonal goods, and books at a low cost.

Updated as of: 08/16/23

## Minnie's Boutique

Phone: 972-596-0253

Address: 661 18th Street Plano, TX 75074

Hours: Wednesday - Saturday, 8 am - 11:30 am, Closed every 5th Saturday

Website: <https://minniesfoodpantry.org/minnies-boutique/>

Monthly store voucher application:

[https://fundraise.givesmart.com/form/Gzhv4w?r=http%3A%2F%2Ffigfn.us%2Ff%2F2a7767&utm\\_medium=text&utm\\_source=mc\\_t2d&vid=zdb26](https://fundraise.givesmart.com/form/Gzhv4w?r=http%3A%2F%2Ffigfn.us%2Ff%2F2a7767&utm_medium=text&utm_source=mc_t2d&vid=zdb26)

Minnie's Empowerment Center: <https://minniesfoodpantry.org/empowerment-center/>

Low-income households can apply to get a monthly \$50 voucher to spend on necessities in Minnie's Boutique. Additional vouchers can be earned by participating in Minnie's Empowerment Classes with a wide variety of classes/tools/workshops offered. For each class completed, you will receive a \$50 voucher to Minnie's Boutique. Those who do not qualify for the monthly voucher CAN STILL receive a voucher for classes completed, and there is no limit to the number of classes one can attend. Classes are held in both English and Spanish.

## Brighter Tomorrows Thrift Stores

Grand Prairie:

Phone: 214-235-0291

Updated 6.25.2024

Address: Marshall Shopping Plaza 401 W. Marshall, Grand Prairie, TX

Hours: Tuesday-Saturday 9:00 am - 5:00 pm

De Soto:

Phone: 469-297-4599

Address: 230 E. Beltline Desoto, TX

Hours: Tuesday-Saturday, 10:00 am - 6:00 pm

Website: <https://www.brightertomorrows.net/thrift-stores>

The stores are operated by The Family Place. There is 50% off Every Thursday at the Grand Prairie Store and 50% off Every Friday at the DeSoto Store.

Updated as of: 08/15/23

### Berry Good Buys Resale Store

Phone: 817-921-2793

Email: [bgbstaff@safehavenc.org](mailto:bgbstaff@safehavenc.org)

Address: 1701 W. Berry Street Fort Worth, TX 76110

Hours: Tue - Fri: 9:30 am - 5:30 pm, Sat & Sun: 10 am - 5 pm, Closed Monday

Website: <https://www.safehavenc.org/berry-good-buys>

Safe Haven's clients can shop for free.

Updated as of: 08/16/23

### The Family Place Resale Shop

Phone: 214-358-0381

Address: 11722 Marsh Lane, Suite 354, Dallas, TX 75229 (Marsh Lane and Forest Road - Southeast corner of the Park Forest Shopping Center behind CVS)

Hours: Monday - Saturday: 10:00 am - 5:30 pm, Sunday: 12:00 pm - 5:00 pm

Website: <https://familyplace.org/services/ourservices>

This resale shop is a great place to find clothing and furniture.

Updated as of: 08/17/23

### ACO Resale Shop

Phone: 972-727-4751

Address: 801 E. Main Street, Allen, TX 75002

Hours: Monday - Saturday, 11:00 AM - 7:00 PM

Website: <https://www.acocares.org/get-involved/resale-shops/>

The Resale Shop is owned and operated by All Community Outreach, and is located next door to the ACO Offices. The Resale Shop offers a variety of items, including gently-used clothing (adult's and children's sizes), shoes, household items, home décor, furniture, books, DVD's, CD's, toys and video games.

Updated as of: 08/16/23

### Saint Vincent de Paul Thrift Stores

Phone: 214-373-7837

Dallas Address: 3052 W. Northwest Highway Dallas, TX 75220

Store Hours: Monday – Saturday 10:00 am – 7:00pm, Sunday 11:00am – 6:00pm

Plano Address: 3305 N. Central Expressway Plano, TX 75023

Store Hours: Monday – Saturday 11:00am – 6:00pm, Sunday CLOSED

Website: <https://svdpdallas.org/shop/>

Shop discounted clothing, furniture, decorations, and technology. Check the website to see their daily discounts.

Updated as of: 08/17/23

### Genesis Thrift Store

Genesis “Benefit” Thrift Store

Phone: 214-520-6644

Address: 3419 Knight St. Dallas, TX 75219 (Off Lemmon Avenue near Oak Lawn)

Hours: Mon. – Fri. 10:00 am– 5:30 pm, Sat. 10am – 5pm, Sun. 1pm – 5pm

South Oak Cliff Thrift Store & Office:

Office: 214-389-7777

Thrift: 214-389-7744

Address: 5020 S. Lancaster Rd Dallas, Texas 75216

Hours: Monday through Saturday: 10:00 a.m. – 5:30 p.m., Sunday: Closed

Website: <https://www.genesisshelter.org/benefit-store/>

Shop reduced price clothing and household items.

Updated as of: 08/17/23

### Upscale Resale Thrift Shop with Denton County Friends of the Family

Phone: 940-387-1750

Address: 920 Dallas Drive Denton, TX 76201

Hours: Monday – Saturday: 11:00 AM – 6:00 PM, Sunday: Closed

Website: <https://dcfof.org/upscale-resale-thrift-store/>

Clients with Denton County Friends of the Family receive vouchers to use at this discount store that sells gently worn clothes, toys, furniture, home decor, and other items. The resale store is also open to the public.

Updated as of: 08/17/23

## First Presbyterian Community Crossroads

Phone: 817-921-3955

Address: 1516 Hemphill, Fort Worth, TX 76104

Formula and Diaper Distribution: Mondays, 9-11 a.m.

Diapers are provided for children under 3 and formula for children under age 1.

Wellcare Cleaning Supply Closet: Thursday, 11:30 a.m. to 1:30 p.m.

Choice of two cleaning supply items per month.

Clothing Distribution: Monday, Wednesday, and Thursday 11:30 a.m. - 1:30 p.m.

Neighbors may shop for two outfits, twice per month. Other items available seasonally in limited quantities: coats, blankets, shoes, backpacks.

Dental services: contact Community Crossroads Director, Dori Al Hammami

This ministry provides free dental services for people experiencing homelessness. Services are offered 2-3 times per month. Local dentists along with their staff team up with volunteers to offer much needed dental care for adults.

Website: <https://www.fpcf.org/crossroads/>

Updated as of: Pending verification of information from organization

## My Sister's Closet

Greenville:

Phone: 903-454-2056

Address: 2601 Johnson Street, Greenville, TX

Hours: Monday - Saturday: 9:00 am - 5:00 pm. Closed Sunday

Quinlan:

Phone: 903-356-2344

Address: 103 Frontier Drive Quinlan, TX

Hours: Monday - Saturday: 9:00 am - 5:00 pm. Closed Sunday

Commerce:

Phone: 903-886-1224

Address: 2534 Mangum St. Commerce, TX

Hours: Monday - Saturday 9:00 am - 5:00 pm. Closed Sunday

Rockwall:

Phone: 972-772-3000

Address: 904 N. Goliad Rockwall, TX

Hours: Monday - Friday 9:00am - 4:00 pm. Closed: Saturday and Sunday

Website: <https://www.wintexas.org/get-involved/resale-shops>

This resale store supports Women in Need and sells reduced priced clothing and homegoods.

Updated as of: 08/17/23

### Resale Shop

Address: 6500 Camp Bowie Blvd, Fort Worth, TX 76116

Phone: 817-377-0664

Store Hours: Monday – Saturday, 10 a.m. to 5 p.m., Sunday - CLOSED

Website: [The Resale Shop \(transforminglives.org\)](https://transforminglives.org)

Clients at Center for transforming lives are eligible to receive a voucher for the store.

Updated as of: 01/31/24

## Childcare and Summer Camps

### Camp Vogel

Address: 1738 Gano Street Dallas TX, 75215

Cost: Free

Apply for Services: <https://vogelalcove.org/need-help/>

Website: <https://vogelalcove.org/programs/camp-vogel-school-age/>

### Camp Hope (One Safe Place)

Website: <https://www.onesafeplace.org/camp-hope-texas>

Cost: Free

Camp Hope Texas is available to the children of clients at One Safe Place. It's a week-long overnight camping adventure for children who have been exposed to domestic violence. Campers, through a special curriculum developed around traditional camp activities, gain independence along with the skills and hope they need to break the generational cycle of violence. In addition to summer camp, follow up enrichment activities throughout the year give campers a chance to maintain friendships that began at camp. Children of clients at OneSafePlace are eligible to be campers.

Updated as of: 07/04/23



## Lena Pope

Phone: 817-255-2500

Address: 3200 Sanguinet Street, Fort Worth, TX 76107

Chapel Hill Academy Address: 4640 Sycamore School Road, Fort Worth, TX 76133

Cost: Free

Website: <https://lenapope.org/>

CHA Website: <https://www.chapelhillacademy.org/>

Lena Pope operates two daycare centers for ages 6 weeks to 5, focusing on social and emotional skills. For grades Pre K through 8th, their public, tuition free charter school Chapel Hill Academy offers excellent education.

## Camp Hope (Parker County's Center for Hope)

Phone: 817-594-0266

Email: [katie@centerofhopetx.com](mailto:katie@centerofhopetx.com)

2024 Locations:

- Marshall Park, 910 N Main St, Weatherford, TX 76086
- Horsehoe Bend, 7156 Brazos Trail, Weatherford, TX 76087
- Fox Hollow Townhomes, 202 Sweetwater Dr, Weatherford, TX 76086
- Yes! Community, 124 Yate's Circle #A, Aledo, TX 76008
- Oak Hill Neighborhood, 123 Oak Hill Dr, Weatherford, TX 76087
- Poolville, 16025 FM 920, Poolville, TX 76487
- Springtown location TBD
- Millsap, Millsap Community Center

Website: <https://centerofhopetx.com/family-empowerment/>

Twelve camps are held once per week in low-income neighborhoods throughout Parker County in the summer. While at camp, participants will learn how to prepare a simple, healthy meal each week as well as learn and practice other life skills including decision-making, positive communication, and healthy coping skills. Campers will receive books each week to keep, as well as a bag of groceries which include both non-perishables and fresh foods. Camps typically last for 1.5-2 hours each over 3-6 weeks (depending on location).

Updated as of: 08/17/23

## The Stewpot Youth and Family Programs (low-income)

Phone: 214-670-1143

Email: [info@thestewpot.org](mailto:info@thestewpot.org)

Address: 1822 Young St., Dallas, TX 75201

Cost: Free

Website: <https://www.thestewpot.org/children-youth--family-programs>

During the school year, Saturday Kids' Club (grades 1-5) meets on Saturdays, and Junior Crew (grades 6-8) and Venturing Crew (grades 9-12) meet Wednesday evenings. Tutoring is available for students 6th-12th grade during the Wednesday programming. The Summer Day Camp (grades 1-12) offers programming weekdays over seven weeks during the summer. Families of students in the Children and Youth Programs can also join their Family Stabilization Program. Support is provided through food and clothing distributions; English as a Second Language classes; parent education opportunities; financial literacy education; health screenings through community partners; and benefits navigation and support.

Updated as of: 08/16/23

## The United Way of Metropolitan Dallas

Phone: 214-978-0000

Address: 1800 N. Lamar St, Dallas, TX 75202

Website: <https://unitedwaydallas.org/get-assistance/>

United Way has established numerous programs for families with a focus on education, income, and health. Educational programs along with youth empowerment initiatives give students the tools to succeed in school and in life. They host financial stability and healthcare programs for families, including food and employment assistance.

## YMCA Pre-K (Fort Worth):

Phone: 817-566-1050

Email: Mechell Green - [mgreen@ymcafw.org](mailto:mgreen@ymcafw.org)

Address: 512 Lamar St. (Downtown YMCA)

Hours: Extended Morning / Evening Hours (7am to 6pm)

Cost: Registration Fee: \$80

18 months – 2 years: \$200 members / \$215 non-members

3 – 5 years: \$175 members / \$200 non-members

We also accept CCMS and financial assistance is available.

Website: <https://ymcafw.org/programs/pre-school>

Ella McFadden Early Childhood Learning Center provides year-round, full-day learning and is a Texas Rising Star 4 Star accredited program. Breakfast, Lunch, and Snack are included.

Updated as of: 08/09/23

## Clayton

Phone: 817-923-9888 (Monday-Friday: 9am-5pm)

View Locations: <https://claytonyouth.org/locations/>

Cost: range \$50-\$90 a week, varies by location

Website: <https://claytonyouth.org/>

Clayton provides before and after school care in over 60 locations across North Texas.

Updated as of: 08/06/23

### Early Head Start & Head Start Childhood Centers:

Phone: 214-630-7911

Application: [https://www.childplus.net/apply/en-](https://www.childplus.net/apply/en-us/C75EF1EE0CB797CA6FC465C4DC8B2891/5DAC5D6F80FB807524FC4AA73EE5A139)

[us/C75EF1EE0CB797CA6FC465C4DC8B2891/5DAC5D6F80FB807524FC4AA73EE5A139](https://www.childplus.net/apply/en-us/C75EF1EE0CB797CA6FC465C4DC8B2891/5DAC5D6F80FB807524FC4AA73EE5A139)

Website: <https://childcaregroup.org/our-programs/early-childhood-programs/early-childhood-centers>

Families qualify by meeting the Federal Poverty Guidelines, or if they meet one of the following criteria: foster child, disability, receiving TANF, SSI, SNAP or homelessness. Open the website link to view childcare locations. Most locations serve children up to age 5. All enrolled children receive height, weight, vision, dental and hearing screenings and developmental assessments. As needed, therapeutic early intervention services are provided on site at our centers.

Updated as of: 08/11/23

### Texas Child Care Availability Portal

Website: <https://find.childcare.texas.gov/welcome>

This search engine helps you find affordable child care that meets your needs.

## **Job Skills/Employment Opportunities**

Keep in mind that many organizations listed in other sections also offer job/life-skills training along with their other services.

### The Ladder Alliance

Phone: 817-834-2100

Hours: Mon-Fri, 9am-5:30pm

Updated 6.25.2024

Address: 1100 Hemphill St., #302, Ft. Worth, TX 76104

Program Applications: <https://ladderalliance.org/apply-now/>

Cost: Free

Website: <https://ladderalliance.org/>

The Ladder Alliance offers women who may be survivors of domestic violence or low-income the job skills necessary to secure employment in today's technological job market. They work to eliminate barriers to attending class by providing snacks, bi-lingual classes, evening classes, online classes, as well as providing childcare during evening classes, through Clayton Youth. Students also earn vouchers for attending class that can be used in their on-site "Success Store" to purchase new or gently-used professional attire. Vouchers for free haircut/blow-dry/styling are also available for every student.

Updated as of: Pending verification of information from organization

## Goodwill Opportunity Accelerator

Phone: 817-332-7866

Digital Career Accelerator Email: [DIGITALCA@GOODWILLNCT.ORG](mailto:DIGITALCA@GOODWILLNCT.ORG)

Job Resource Center Email: [JRC@GOODWILLNCT.ORG](mailto:JRC@GOODWILLNCT.ORG)

Leadership Academy Email: [GWLA@GOODWILLNCT.ORG](mailto:GWLA@GOODWILLNCT.ORG)

Job resource center application: <https://goodwillnorthcentraltexas.org/jrcapplication/>

Job Resource Center locations: <https://goodwillnorthcentraltexas.org/job-placement/>

Hours: They'll take anyone by virtual appointment or walk-in Monday- Friday from 8am-4pm

Website: <https://goodwillnorthcentraltexas.org/training/>

Leadership Academy Website:

[https://goodwillnorthcentraltexas.org/education/#goodwill\\_leadership\\_academy](https://goodwillnorthcentraltexas.org/education/#goodwill_leadership_academy)

The Opportunity Accelerator encompasses several programs including digital skills through the Goodwill Digital Career Accelerator, job placement through the Job Resource Center, and credentials from the Goodwill Leadership Academy. During the Digital Career Accelerator program, training is free and instructors are available to help you learn basic computer skills, Internet, email, Windows OS, Microsoft Word, PowerPoint and Excel. At a Job Resource Center location, participants receive a free computer and wifi, assistance from job search experts to provide job placement services, and one-on-one career counseling. Job readiness skills training includes resume writing, interviewing skills and job search techniques. With Goodwill's Leadership Academy, you can earn an industry recognized certification online in less than a year. Spanish speaking instruction is available.

Updated as of: 08/07/23

## Goodwill A2 GED Program

Phone: 817-332-7866

Email: [A2@GOODWILLNCT.ORG](mailto:A2@GOODWILLNCT.ORG)

Address: 4005 Campus Drive Fort Worth, TX 76119

Hours: Classes occur Monday through Friday between 9 am - 3:30 pm. The optional paid work experience works around this class schedule

Application link: <https://goodwillnorthcentraltexas.org/a2application/>

Website: <https://goodwillnorthcentraltexas.org/education/>

This program is for **ages 25 and above**. The Adult GED program provides GED preparation courses for Tarrant County residents, taught by state-certified instructors through the Tarrant County Adult Education and Literacy Consortium and includes an optional paid work experience that runs at the same time. The program includes individualized mentoring, life/job readiness courses, and connections to further employment opportunities. Its structure consists of daily classes totalling 9 hours a week, in-person or online. There is currently no Spanish instruction available.

Updated as of: 08/08/23

## Goodwill E2 GED Program

Phone: 817-332-7866

Email: [E2@GOODWILLNCT.ORG](mailto:E2@GOODWILLNCT.ORG)

Arlington Address: 600 Matlock Centre Circle Arlington, TX

Fort Worth Address: 4005 Campus Drive Fort Worth, TX 76119

Hours: Monday through Friday, 9 am - 12pm students are in the classroom and from 1pm - 4pm students are at the work site

Application: <https://goodwillnorthcentraltexas.org/e2-ged-application/>

Website: [https://goodwillnorthcentraltexas.org/at-risk-youth/#e\\_squared](https://goodwillnorthcentraltexas.org/at-risk-youth/#e_squared)

This program is for **ages 16-24**. The E-Squared Program provides GED preparation courses taught by state-certified instructors through the Tarrant County Adult Education and Literacy Consortium, paid work experience funded by Workforce Solutions for Tarrant County, individualized mentoring and coaching, life and job readiness courses, as well as connections to further employment and education opportunities.

Updated as of: 08/08/23

## Collin Adult Education and Literacy GED/HSE

Phone: 972-349-4550

Email: [Collinael@grayson.edu](mailto:Collinael@grayson.edu)

Bird Educational Center: (also includes Spanish HSE prep)

Address: 1300 19th St, Plano, TX 75074, Building A - Room 219

Hours: Every Monday & Tuesday, 9:00 AM - 11:30 AM

Bird Educational Center: (also includes Spanish HSE prep)

Address: 1300 19th St, Plano, TX 75074, Building A - Room 161

Hours: Every Monday & Tuesday, 5:30 PM

McKinney High School:

Address: 1400 Wilson Creek Pkwy, McKinney, TX 75069, Entrance at the back of the building - Library

Hours: Every Wednesday, 6:00 PM - 7:00 PM

Princeton High School Library:

Address: 1000 E Princeton Dr, Princeton, TX 75407 Entrance at the back of the building - Library Door # D32

Hours: Every Tuesday & Thursday, 5:30 PM - 7:00 PM

Achieve Academy:

Address: 400 Pirate Dr, Wylie, TX 75098

Hours: Mondays and Tuesdays, 5:30 PM

This program provides free GED/HSE prep classes year round. You would first enroll in the program in-person. During your appointment you will complete 30 minutes of paperwork, and take a three to five hour pre-test (not pass or fail) to see where you will focus when you go to class. The only requirements for those 19 years of age or older are to complete a set of documents during your registration, present an identification, have your Social Security Number (SSN) / Individual Taxpayer Identification Number (ITIN) accessible (although they can help you without it if needed).

Updated as of: 08/10/23

### Tarrant Area Food Bank Forklift Operator:

To Apply, Email: [fork@tafb.org](mailto:fork@tafb.org)

Website: <https://tafb.org/f-o-r-k/>

This is for Tarrant County residents between the ages of 18 and 24, but starting Oct. 1, 2023, it will be open too any adult, aged 18 and up. You must register at WorkInTexas.com. Through a rigorous 8-week professional training program, individuals are taught industry-specific warehouse/logistics operations and management, safety protocols, and OSHA training while gaining hands-on training needed to achieve gainful employment in the field, paying \$18 an hour. This course will also provide training and testing for Forklift Certification. New classes start every 2 weeks!

Updated as of: 08/16/23

### Christian Community Action Empowerment Classes

Phone: 972-221-1224

Updated 6.25.2024

Email to get involved: [info@ccahelps.org](mailto:info@ccahelps.org)

Website: <https://www.ccahelps.org/education-and-empowerment-services/>

These programs encompass a diverse array of offerings, including English as a Second Language (ESL), comprehensive computer training, financial literacy workshops, job readiness, adult literacy classes, first-time homebuyer courses, entrepreneurship classes, counseling, and more. Rental and emergency financial assistance is also available if funds allow.

Updated as of: 08/21/23

## **English as a Second Language**

[Goodwill L2 Language and Learning Program](#)

Phone: 817-332-7866

Updated 6.25.2024

Email: [L2@GOODWILLNCT.ORG](mailto:L2@GOODWILLNCT.ORG)

Arlington Address: 600 Matlock Centre Circle Arlington, TX

Fort Worth Address: 4005 Campus Drive Fort Worth, TX 76119

Headquarters Classes: 4200 Airport Freeway Fort Worth, TX at our Career center next door to our main headquarters.

Application: <https://goodwillnorthcentraltexas.org/l2-application/>

Website: <https://goodwillnorthcentraltexas.org/education/>

The program, serving ages 18 and older, will connect you to employment and education opportunities, improve your communication in the workplace and everyday life, and help you learn and practice reading, writing, speaking and listening in English.

Updated as of: 08/08/23

### The Storehouse Academy

Phone: 469-385-1813

Email: [info@thestorehouseecc.org](mailto:info@thestorehouseecc.org)

Address: 1401 Mira Vista Boulevard, Plano TX 75093

Website: <https://www.thestorehouseecc.org/academy/>

View classes: <https://www.thestorehouseecc.org/academy-registration>

Neighbors of Collin County will have the opportunity to develop language skills, job skills and life skills that can lead to long term transformation. New classes will be added periodically. Please check back on the page to view courses and register.

Updated as of: 08/04/23

### Fort Worth Public Library ESL Conversation Class

Diamond Hill/Jarvis:

Phone: 817-392-6010

Address: Fort Worth Public Library - Diamond Hill Jarvis, 1300 NE 35th Street, Fort Worth 76106

Hours: Saturdays, 10:30 am - 12 p.m.

East Regional:

Phone: 817-392-5550

Address: Fort Worth Public Library - East Regional, 6301 Bridge St., Fort Worth 76112

Hours: Sundays, 3 - 4:30 p.m.

La Gran Biblioteca:

Phone: 817-392-5491

Address: Fort Worth Public Library - Fort Worth History Center, 501 E. Bolt Street, Fort Worth 76115

Hours: Fridays, 6-7:30 p.m.



Meadowbrook:

Phone: 817-392-6621

Address: Fort Worth Public Library - Meadowbrook, 2800 Stark St., Fort Worth 76112

Hours: Tuesdays, 6-7:30 p.m.

Riverside:

Phone: 817-392-5560

Address: Fort Worth Public Library - Riverside, 2913 Yucca Avenue, Fort Worth 76111

Hours: Wednesdays, 6-7:30 p.m.

Southwest Regional:

Phone: 817-392-5860

Address: Fort Worth Public Library - Southwest Regional, 4001 Library Lane, Fort Worth 76109

Hours: Sundays, 3-4:30 p.m.

Summer Glen:

Phone: 817-392-5970

Address: Fort Worth Public Library - Summer Glen, 4205 Basswood Blvd., Fort Worth 76113

Hours: Saturdays, 4-5:30 p.m.

Website: <https://www.fortworthtexas.gov/departments/library/programs/esl-system>

Each weekly class is themed and contains activities to build English speaking confidence, expand vocabulary, and bring you together with other members of the community who are also learning English. You are welcome to any or all classes no matter if you've missed any. The classes are designed for adults over 18 years old. Classes are available in person and online. Visit the website to register for the online class meetings..

Updated as of: 08/09/23

## Dallas Public Library ESL Classes

Phone: 214-671-8291

Email: [adultlearning@dallas.gov](mailto:adultlearning@dallas.gov)

Arcadia Park:

Phone: 214-670-6446

Address: 1302 N Justin Rd

Hours: Tuesday / martes, 10:00 a - 11:30 a.m. (Basic Level / nivel básico)  
12:00 - 1:30 p.m. (Intermediate Level / nivel intermedio)

Dates: Sept. 11 - Dec. 16 / 5 de sep. al 16 de dic.

Bachman Lake:

Phone: 214-670-6376

Address: 9480 Webb Chapel Rd.

Hours: Saturday / sábado, 10:30 - 12:00 p.m.  
Dates: Sept. 11 - Nov. 4 / 11 de sep. al 4 de nov.

Dallas West:

Phone: 214-670-6445  
Address: 2332 Singleton Boulevard  
Hours: Thursday / jueves, 10:00 a.m. - 12:00 p.m.  
Saturday / sábado, 10:30 a.m. - 12:00 p.m.  
Dates: Sept. 11 - Dec. 16  
Sept. 11 - Nov. 4

Forest Green:

Phone: 214-670-1335  
Address: 9619 Greenville Ave.  
Hours: Tuesday & Thursday / martes y jueves, 10:00 a.m. - 11:30 a.m.  
Dates: Sept. 11 - Dec. 16 / 5 de sep. al 16 de dic.

Hampton-Illinois:

Phone: 214-670-7646  
Address: 2951 South Hampton Road  
Hours: Saturday / sábado, 10:30 a.m. - 12:00 p.m.  
Tuesday & Thursday, 1:00 p.m. - 2:30 p.m.,  
Dates: Sept. 11 - Nov. 4  
Sept. 11 to Nov. 18 / 11 de sep. al 18 de nov.

J. Erik Jonsson Central Library:

Phone: 214-670-1700  
Address: 1515 Young St  
Hours: Saturday, 10:30 a.m. - 12:00 p.m.  
Dates: Sept. 11 - Nov. 4

Kleberg-Rylie:

Phone: 214-670-8471  
Address: 1301 Edd Road  
Hours: Wednesday & Saturday / miércoles y sábados, 10:00 a.m. - 11:30 a.m.  
Dates: Sept. 11 - Dec. 16

North Oak Cliff:

Phone: 214-670-7555  
Address: 302 West Tenth Street  
Hours: Wednesday & Thursday, miércoles y jueves, 10:00 p.m. - 11:30 p.m.  
Dates: Sept. 11 - Nov. 18 / 11 de sep. al 18 de nov.

Park Forest:

Phone: 214-670-6333  
Address: 3421 Forest Lane  
Hours: Saturday / sábado, 10:30 a.m. - 12:00 p.m.

Dates: Sept. 11 - Nov. 18 / 11 de sep. al 4 de nov.

Pleasant Grove:

Phone: 214-670-0965

Address: 7310 Lake June Road

Hours: Tuesday & Thursday, martes y jueves, 1:00 p.m. - 2:30 p.m.

Dates: Sept. 11 - Dec. 16 / 5 de sep. al 16 de dic.

Prairie Creek:

Phone: 214-671-0410

Address: 9609 Lake June Rd

Hours: Monday & Wednesday / lunes y miércoles, 10:00 a.m. - 11:30 p.m.

Dates: Sept. 11 - Dec. 16 / 5 de sep. al 16 de dic.

Renner Frankford:

Phone: 214-670-6100

Address: 6400 Frankford Road

Hours: Wednesday & Saturday / miércoles y sábados, 12:30 p.m. - 2:00 p.m.

Dates: Sept. 11 - Dec. 16 / 5 de sep. al 16 de dic.

Timberglen:

Phone: 214-671-1365

Address: 18505 Midway Road

Hours: Wednesday & Saturday / miércoles y sábados, 10:30 a.m. - 11:30 p.m.

Dates: Sept. 11 - Dec. 16 / 5 de sep. al 16 de dic.

Vickery Park:

Phone: 214-671-2101

Address: 8333 Park Lane

Hours: Tuesday & Thursday / martes y jueves, 10:00 a.m. - 11:30 a.m.

Saturday / sábado, 10:30 a.m. - 12:00 p.m.

Dates: Sept. 11 - Dec. 16 / 5 de sep. al 16 de dic.

Sept. 11 - Nov. 18 / 11 de sep. al 4 de nov.

White Rock Hills:

Phone: 214-670-8443

Address: 9150 Ferguson Road

Hours: Saturday / sábado, 10:30 a.m. - 12:00 p.m.

Dates: Sept. 11 - Nov. 18 / 11 de sep. al 4 de nov.

Website: <http://dallaslibrary2.org/adultlearning/english/general-english/>

The Dallas Public Library offers free General English classes at various locations throughout the city. All library classes are free for anyone who wants to attend and they do not need to have a library card, ID, or live in Dallas. Classes last 10 weeks, and they are offered in the Summer, Spring, and Fall. There's no limit to the number of classes you can take, so you can practice and learn English with the library for as long as you're ready.

Updated as of: 08/07/23

## Weatherford ISD ESL classes

Phone: 817-598-2806, option 4

Weatherford (morning):

Class meets on TU/W/TH, 8:30 a.m. - 12:00 p.m.

Clases se reunirán los Martes/Miércoles/Jueves

at Bowie Learning Center, 900 N. Elm Street, Weatherford

Weatherford (evening):

Class meets on TU/TH, 6:00 p.m. - 9:00 p.m.

Clases se reunirán los Martes/Jueves

at Bowie Learning Center, 900 N. Elm Street, Weatherford

Mineral Wells (evening):

Class meets on TU/TH, 6:00 p.m. - 9:00 p.m.

Clases se reunirán los Martes/Jueves

at Mineral Wells Junior High, 1301 SE 14th Avenue, Mineral Wells

Decatur (evening):

Class meets on TU/TH, 6:00 p.m. - 9:00 p.m.

Clases se reunirán los Martes/Jueves

At McCarroll Middle School: 1201 W Thompson St, Decatur, TX 76234

Registration link:

<https://docs.google.com/forms/d/e/1FAIpQLSdFNzvPejhAqGYeEoMCbgFMGTTioDFVUX-xIzzSecw9y2bF8g/viewform>

Website:

[https://www.weatherfordisd.com/apps/pages/index.jsp?uREC\\_ID=233323&type=d&pREC\\_ID=542564](https://www.weatherfordisd.com/apps/pages/index.jsp?uREC_ID=233323&type=d&pREC_ID=542564)

To be eligible, one must not be enrolled in school, nor a high school graduate, and function below the secondary level. One must be 19 years of age or above OR 17 to 18 years of age with a withdrawal from the last school attended & a letter of parental/guardian permission OR 16 years of age with a court order (a copy of the court order must be provided). One must not be a visitor to the U.S. with a F-1 or J-1 categorized visa or passport (tourist, educational or exchange visitor). Classes are FREE to eligible individuals. No children are allowed in class. This class is designed to help improve the literacy skills of non-native speakers and enable them to communicate more effectively. High School Equivalency Test Preparation is also available at Weatherford ISD's Adult Education Program.

Updated as of: 08/09/23

## Collin Adult Education and Literacy ESL

Phone: 972-349-4550

Email: [Collinael@grayson.edu](mailto:Collinael@grayson.edu)

Allen ISD - Pat Dillard Special Achievement Center:

Updated 6.25.2024

Address: 601 E Main St, Allen, TX 75002 (Park at the back of the main entrance - In Front of the Lowery Freshman center. Use Door# 3 to enter the building)

Hours: Every Monday & Tuesday, 5:30 PM - 7:00 PM

St. Francis Of Assisi Catholic Church:

Address: 8000 Eldorado Parkway, Frisco, TX 75033 - Parish Center, Rooms A & B

Hours: Tuesday, Aug 15th, 9.00 AM - 11.30 AM

McKinney High School:

Address: 1400 Wilson Creek Pkwy, McKinney, TX 75069, Entrance at the back of the building - Library

Hours: Every Wednesday, 6:00 PM - 7:00 PM

Bird Educational Center:

Address: 1300 19th St, Plano, TX 75074, Building A - Room 219

Hours: Every Monday & Tuesday, 9:00 AM - 11:30 AM

Bird Educational Center:

Address: 1300 19th St, Plano, TX 75074, Building A - Room 161

Hours: Every Monday & Tuesday, 5:30 PM

East Plano Islamic Center (EPIC):

Address: 4700 14th St, Plano, TX 75077

Hours: Every Monday & Tuesday, 9:00 AM

Princeton High School Library:

Address: 1000 E Princeton Dr, Princeton, TX 75407, Entrance at the back of the building - Library Door # D32

Hours: Every Tuesday & Thursday, 5:30 PM - 7:00 PM ( No registration on 8/15)

Achieve Academy:

Address: 400 Pirate Dr, Wylie, TX 75098

Hours: Every Monday & Tuesday, 5:30 PM

R.V. Groves Elementary School:

Address: 1100 McCreary Rd, Wylie, TX 75098 -Main Entrance - Left Door - Room 401

Hours: Every Monday, 6:45 PM (limited space)

Classes, offered in person and online, are free year round. Before joining the classes, Collin AEL requires prospective students to attend an in-person registration. The only requirements for those 19 years of age or older are to complete a set of documents during your registration, present an identification, have your Social Security Number (SSN) / Individual Taxpayer Identification Number (ITIN) accessible (although they can help you without it if needed), and take two language assessments to determine your current skill level.

Updated as of: 08/10/23

## Holy Nativity ESL Classes

Email: [samira@holynativity.org](mailto:samira@holynativity.org)

Website: <https://www.holynativity.org/copy-of-refugee-ministry>

They provide basic, mid-level and advanced English classes. For more information and registration, please email.

Updated as of: 08/09/23

## Central Bible Church ESL

Address: 8001 Anderson Blvd Fort Worth, TX 76120 – The Central Bible Connection Building (next to the La Quinta Inn & Suites hotel)

Hours: Thursday nights from 6:30 p.m. – 8:15 p.m.

Registration Cost: \$35 for the academic year and includes: Books, Dinner, Childcare, and Central Kids Club

Register: <https://pantego.shelbnextchms.com/external/form/8edc2ada-7fd1-4c29-b84b-813e930362c7>

Website: <https://wearecentral.org/esl/>

The ESL classes are for all levels of English speakers – from beginner to fluency. Childcare is available for kids on Thursday nights from birth to sixth graders. Kindergartners through sixth graders are invited to come for fun, games and homework help. A brief citizenship class is held right before English class each day. The next semester starts September 7, 2023.

Updated as of: 08/11/23

## Websites

<https://eslgold.com/> and <https://www.usingenglish.com/> and <https://www.duolingo.com/> have lots of free ESL resources.

## Medical Resources

### The Stewpot's medical and dental clinics via Parkland HOMES

Phone: 214-746-2785

Email: [info@thestewpot.org](mailto:info@thestewpot.org)

Address: 1822 Young St., Dallas, TX 75201

Hours: Monday through Thursday, 9 AM to 5 PM, and Friday, 9 AM to 12 PM

Medicaid/Medicare Application Assistance: North Texas Behavioral Health Authority (NTBHA) will be onsite at The Stewpot on Thursdays from 1 - 4 PM.

HIV Testing: Prism Health North Texas is onsite every other Wednesday from 8 AM - 12 PM.

Insurance Assistance: Wellcare is onsite on Wednesdays from 8 AM - 12 PM to help with insurance needs.

Website: <https://www.thestewpot.org/physical-dental-and-mental-health>

Free Medical and Dental care for those experiencing homelessness/in shelters. No pre scheduled appointments are needed for services. Patients should enter through our Park Avenue entrance and make a same-day appointment at the Stewpot Intake Desk.

Updated as of: 08/16/23

### Hope Clinic Garland

Phone: 469-800-2500

Email: [marcela.cortes@bswhealth.org](mailto:marcela.cortes@bswhealth.org)

Address: 800 S. Sixth Street, Suite 100 in Garland

Hours: Mon – Thurs: 7:30 am to 4:30 pm, Friday: 7:30 am to 2:45 pm, Closed Saturday & Sunday

Application: <https://hopeclinic-garland.org/patient-applications-2/>

Website: <https://hopeclinic-garland.org/services/>

Hope Clinic offers in-office medical services to poor and uninsured residents of Dallas County. The clinic also offers telehealth, behavioral, and spiritual services. Call to make an appointment or use the application form.

Updated as of: Pending verification of information from organization

## The Agape Clinic

Phone: 972-707-7782 (Monday 8a - Friday 3p)

Address: 4104 Junius Street, Dallas, Texas 75246

Website: <https://www.theagapeclinic.org/>

The Agape Clinic is a charity clinic that provides quality healthcare services unconditionally to underserved people. They do not file insurance. Medical services include primary care, preventative screenings, women's health, pediatric care, mental health counseling, and minor procedures.

Updated as of: Pending verification of information from organization

## Woman to Woman Pregnancy Services

Phone: 940-383-4494

Address: 521 North Locust Denton, TX 76201

Hours: Tues: 10am-4pm, Wed: 10am-12pm; 2pm-4pm, Closed Mon., Thurs, Fri, Sat, and Sun

Website: <https://dentonprc.org/>

Abortion information, pregnancy verification, ultrasound, nurse consultations, and education are all offered. Call to schedule an appointment.

Updated as of: 08/09/23

## ICNA Relief Medical Clinic Dallas

Phone: 469-291-7411

Email: [dallasclinic@icnarelief.org](mailto:dallasclinic@icnarelief.org)

Address: 10874 Plano Road #A, Dallas, TX 75238

Hours: every Saturday from 11 AM – 2 PM.

Website: <https://www.icnarelief.org/dallas-clinic/>

This free medical clinic offers primary care, specialty services, psychiatry, and counseling/social services. For eligibility, you must be between the ages 18 – 64, have no health insurance, and have an income level that falls within 250% of the Federal Poverty Level based on the number of people in your household.

Updated as of: Pending verification of information from organization

## Fort Worth Pregnancy Center

Phone: 817-924-9110

Email: [OPTIONS@FWPC.ORG](mailto:OPTIONS@FWPC.ORG)

Address: 3221 Cleburne Rd. Fort Worth, TX 76110

Schedule an appointment: <https://fwpc.org/contact/>

Updated 6.25.2024



Website: <https://fwpc.org/services/>

They provide an options consultation, pregnancy test and verification, limited ultrasound, medicaid enrollment assistance, medical/community referrals, and prenatal/parenting classes free of charge. You must schedule an appointment by calling or texting the phone number to be seen.

Updated as of: 08/16/23

## Financial Resources

### TCOG - Texoma Council of Governments ATTN: Energy Services

Phone: (903) 893-2161 ext. 3541 - Utility Assistance

(903) 893-2161 ext. 3530 - Weatherization Assistance

Email: [energyapp@tcog.com](mailto:energyapp@tcog.com) - Utility Assistance

[sevilsize@texoma.cog.tx.us](mailto:sevilsize@texoma.cog.tx.us) - Weatherization Assistance

Address: 1117 Gallagher Drive, Suite 200 Sherman, TX 75090

Application for assistance: <https://tcog.gethelp.website/appman/ea/client/>

Website: <https://www.tcog.com/energy-services/#energy>

TCOG can help with ongoing electric and gas bills for qualified low-income applicants.

Updated as of: 07/04/23

### Texas Utility Help Program

Phone: 1-855-566-2057, Monday-Friday • 8 a.m. - 6 p.m. CST

Register through the online portal:

<https://txutility.corerelief.com/content2/access/login>

Website: <https://texasutilityhelp.com/>

Texas Utility Help can give financial assistance to qualified Texas homeowners and renters with low income. Eligible expenses include electricity, gas, propane, water, and wastewater. The program provides eligible households with financial payments made directly to the utility company on the household's behalf. The grants are free and do not need to be paid back.

Updated as of: 07/04/23

### Texas Homeowner Assistance

Phone: 1-833-651-3874, Monday-Friday • 8 a.m. - 6 p.m. CST

Register through the online portal:

<https://texas.mortgagereliefapp.com/content2/access/login>

Website: <https://texashomeownerassistance.com/>

Texas Homeowner Assistance provides financial assistance to qualified Texas homeowners who have fallen behind on their mortgage, utility payments, and related expenses due to the COVID-19 pandemic.

Updated as of: 07/04/23

### Collin County Assistance Center

Assistance Helpline: 972-422-1850

Office Phone: 972-422-1125

Call Center Hours: Mon - Fri, 9am to 3pm

Lobby Hours: Mon - Thurs 9am to 5pm , Fri 9am to 3pm

Address: 900 East 18th Street, Plano, TX 75074, US

Financial assistance and community resource referrals can be accessed by calling and setting an appointment. The center also provides financial education through its "Money Matters" classes. Call the assistance line to receive services.

Updated as of: 08/09/23

### Your Texas Benefits

This website helps connect you to resources you may be eligible for.

<https://yourtexasbenefits.com/Learn/Home>

### Society of St. Vincent de Paul of North Texas

Phone: 469-607-0909

Email: [helpme@svidpdallas.org](mailto:helpme@svidpdallas.org)

Address: 1120 Randlett Street Lancaster, TX 75146

Website: <https://svidpdallas.org/>

This organization can help you get food, pay rent, utilities, prescriptions costs, and other immediate needs. At St. Vincent's Center, there are employment and educational programs, such as resume creation, interview skills, job training, transportation, and ESL classes. They also hold mini clinics to help school age children get immunizations and physicals, and their mini loan program helps neighbors get back on their feet.

Updated as of 08/09/23

### Dallas Childcare Assistance:

Phone: 214-630-5949 (CCA Dallas)

Address: 3000 Pegasus Park Drive Suite 800 Dallas, TX 75247

Website: <https://childcaregroup.org/our-programs/child-care-assistance>

Residents of Dallas County can receive assistance paying for childcare if they meet the requirements (see website).

Updated as of: 08/11/23

### [CitySquare Legal Action Works \(LAW\)](https://www.citysquare.org/law/)

<https://www.citysquare.org/law/>

Legal Action Works by CitySquare, a nonprofit organization, provides legal services to low-income families. They are located in the Dallas area and fees are calculated on a sliding scale.

Updated 02/04/24

### [Dallas Volunteer Attorney Program](https://dallasvolunteerattorneyprogram.org/)

<https://dallasvolunteerattorneyprogram.org/>

The Dallas Volunteer Attorney Program offers free legal assistance to residents of the Dallas area who meet their qualifications. They also host several legal advice clinics throughout the Dallas area on certain days of the month.

### [Legal Aid of Northwest Texas](https://internet.lanwt.org/en-us)

<https://internet.lanwt.org/en-us>

LANWT provides free civil legal services to low-income citizens in North Texas and the Panhandle area, including Abilene, Amarillo, Brownwood, Dallas, Denton, Fort Worth, Lubbock, McKinney, Midland, Odessa, Plainview, San Angelo, Waxahachie, Weatherford, and Wichita Falls.

### [Texas Advocacy Project](https://www.texasadvocacyproject.org/)

<https://www.texasadvocacyproject.org/>

Texas Advocacy Project provides advice over the phone, support with do-it-yourself legal filing processes and complete client representation.

### [University of Texas School of Law Domestic Violence Clinic](https://www.utexas.edu/law/clinic/dv)

(512) 232-1358

The clinic is free and represents victims of domestic violence with a variety of civil legal problems including custody, divorce, visitation, housing, consumer, public assistance, and procurement of protective orders.

## Mental Health Support

Keep in mind that many organizations listed in other sections also offer mental health support along with their other services.

### Trauma Support Services

Phone: contact client advocate at 972-709-4904

Email: Program Specialist, Sarah Morales at [sarah@tssnt.org](mailto:sarah@tssnt.org) or [info@tssnt.org](mailto:info@tssnt.org) for general information

Office Address: 11882 Greenville Ave Suite B-111 (in Forest Green Office Park), Dallas, Texas 75243

Website: <https://www.traumasupportservices.org/>

Trauma Support Services employs only licensed therapists with trauma therapy experience that provide individual therapy, group therapy, play therapy (for children), family therapy (case by case basis), and psychoeducational trauma groups on a long-term basis. Services are provided at low to no cost.

Updated as of: 08/13/23

### Lena Pope

Phone for Counseling: 817-255-2652

Fort Worth address: 3200 Sanguinet Street, Fort Worth, TX 76107

Weatherford Address: 1508 Santa Fe Drive, Bldg 3, Suite 304, Weatherford, TX 76086

Arlington Address: 601 W. Sanford Street, Suite 202, Arlington, TX 76011

Northeast Address: 8713 Airport Freeway, Suite 312, North Richland Hills, TX 76180

Cost: low/assisted

Website: <https://lenapope.org/emotional-well-being/counseling-substance-use-services/>

Lena Pope Counseling Services accepts many insurance providers, including Medicaid and CHIP, and provides financial assistance based on income and family size for individuals without insurance or who cannot afford to use their insurance. Individual and family counseling, play therapy, mental health assessments and diagnosis are provided in office or virtually via teletherapy.

Updated as of: 08/17/23

## The Stewpot

Phone: 214-670-1143

Email: [info@thestewpot.org](mailto:info@thestewpot.org)

Address: 1822 Young St., Dallas, TX 75201

Metrocare Services' clinic: Monday through Friday, 8 AM to 4 PM. The provider is on site Monday, Wednesday, and Thursday.

Therapist Ezell Clark: Mondays 8 AM - 4 PM

Parkland Homes: Wednesdays 8 AM - 12 PM

Website: <https://www.thestewpot.org/physical-dental-and-mental-health>

For low-income/homeless patients. No pre-scheduled appointments are needed for services. Patients should enter through our Park Avenue entrance and check in at the front desk on the first level.

Appointments can be made for psychiatric needs by calling or walking into the clinic.

Updated as of: 08/16/23

## The Women's Center of Tarrant County

Helpline: 817-927-4000

Ft. Worth Phone: 817-927-4040

Address: 1723 Hemphill Fort Worth, TX 76110

Hours: Monday - Friday: 8:30 am - 5:00 pm

Arlington Phone: 817-548-1663

Address: 401 West Sanford, Ste 1200 Arlington, TX 76011

Hours: Monday - Thursday: 8:30 am - 5:00 pm

Website: <https://www.womenscentertc.org/programs/general-counseling/>

The Women's Center offers individual and group counseling and legal clinics to sexual assault and violence survivors.

Updated as of: 08/16/23

## Pets

### Operation Kindness Pet Food Pantry

Phone: 972-418-7297

Email: [clientservices@operationkindness.org](mailto:clientservices@operationkindness.org)

Address: 3201 Earhart Dr, Carrollton, TX 75006

Hours: Thursdays and Sundays from 11 AM to 2 PM

Pet Food Application:

[https://support.operationkindness.org/site/DocServer/Operation\\_Kindness\\_Pet\\_Food\\_Pantry\\_application\\_3\\_.pdf;jsessionid=00000000.app20008b?docID=181&NONCE\\_TO\\_KEN=C10907368AFCB9FC0694E5637A499169](https://support.operationkindness.org/site/DocServer/Operation_Kindness_Pet_Food_Pantry_application_3_.pdf;jsessionid=00000000.app20008b?docID=181&NONCE_TO_KEN=C10907368AFCB9FC0694E5637A499169)

Website: <https://www.operationkindness.org/pet-food-pantry/>

This pet food pantry operates from a food truck in the parking lot. With approval of application, they'll provide food for up to a 3-month period, at which time, reapplication may be required.

Updated as of: 08/16/23

### Don't Forget to Feed Me

Phone: 817-334-0727

Website to view distribution sites: <https://dontforgettofeedme.org/get-help/>

This organization partners with many food banks in North Texas and distributes pet food to them. Each location may have different systems, so call the number of the appropriate location for assistance.

Updated as of: 08/09/23

### Readivet

Website: <https://www.readivet.com/>

Book an appointment: <https://app.readivet.com/book-appointment/>

This business, serving Dallas and Collin county, visits pets at home. They can even come during the work day if you cannot leave work. They pride themselves on affordable, transparent pricing.

Updated as of: 08/09/23

## SPCA

Phone: 214-742-7722

Email: [spca@spca.org](mailto:spca@spca.org)

Assistance Form: <https://spca.org/resources/pet-needs/support-to-keep-your-pet/request-assistance/>

Website: <https://spca.org/resources/pet-needs/support-to-keep-your-pet/>

SPCA offers temporary support, including pet food, low cost spay and neuter services, medical assistance, and pet deposits so that pets in the Dallas/Fort Worth area can be cared for even during difficult times. Drive Thru Pet Pantries occur on the 3rd Sunday of each month. Register on the website to receive food and services.

Updated as of: Pending verification of information from organization

## Spay Neuter Network

Phone: 972-472-3500

Cost: Low cost and Free, depending on service

Fort Worth Clinic:

Address: 3117 E Seminary Dr, Fort Worth, TX 76119

Hours Information: <https://spayneuternet.org/fort-worth-clinic/>

Crandall Clinic:

Address: 102 East Trunk Street Crandall, TX 75114

Hours Information: <https://spayneuternet.org/crandall-clinic/>

Dallas Clinic:

Address: 2223 S Buckner Blvd #203 Dallas, TX 75227.

Hours Information: <https://spayneuternet.org/dallas-clinic/>

Community Pet care Program appointment (common ear issues, eye issues, skin issues and upper respiratory infections):

<https://spayneuternet.org/programs-and-specials/community-pet-care-program/>

Appointment for Spay/Neuter: <https://ccsvets.com/appt/>

Website: <https://spayneuternet.org/>

This organization, based in Fort Worth with satellite locations, allows residents in qualifying zip codes to receive free spay or neuter, rabies vaccine, pain medication, and Microchip for their dogs and cats. Qualifying zip codes for this program are 76103, 76104,

Updated 6.25.2024

76105, 76106, 76107, 76108, 76110, 76111, 76112, 76114, 76115, 76116, 76119, 76133 and 76140. They also offer free pet food.

Updated as of: 08/14/23

### First Presbyterian Dog and Cat Food Pantry

Phone: 817-921-3955

Address: 1516 Hemphill, Fort Worth, TX 76104

Hours: Wednesday and Thursday, 11:30 a.m. to 1:30 p.m.

Website: <https://www.fpcfw.org/crossroads/>

One bag of pet food per household weekly. Available as drive-through, walk-up, and inside the building

Updated as of: 08/09/23

### Humane Society of North Texas

Phone: 817-332-4768

Address: 1840 E Lancaster Ave, Fort Worth, TX 76103

Hours: Wednesday - Saturday, 12:00 p.m. to 5:00 p.m.

Website: [Pet Adoption | Humane Society of North Texas | Fort Worth \(hsnt.org\)](https://www.hsnt.org/pet-adoption-fort-worth)

One bag of pet food per household weekly. Available as drive-through, walk-up, and inside the building

Updated as of: 01/22/24



## Transportation

### Families to Freedom

24 Hr Helpline: 833-903-SAFE

Phone: 972-885-7020, 8:00am to 5:00pm Monday-Friday

Email: [famielstofreedom@gmail.com](mailto:famielstofreedom@gmail.com)

Directory of Shelters: <https://www.famielstofreedom.org/dfw-directory-of-shelters.php>

Website: <https://www.famielstofreedom.org/>

They provide free transportation to domestic violence shelters in North Texas. You must be in contact with a shelter before service, but they can help you with this communication.

They also can provide rides to family members in other states.

Updated as of: 01/23/24

# Safety Plan

## National Domestic Violence Hotline

24 Hour Hotline: 800-799-7233

## Safe Haven's Safety Plan Steps

Hotline: 1-877-701-7233

<https://static1.squarespace.com/static/60f631701aa5a87f4f6845a6/t/6119cf235a1f3a3884be7172/1629081379436/SafetyPlanning+-+English.pdf>

(Done best with a Hotline advocate)

## Genesis Women's Shelter Safety Planning

Hotline: 214.946.HELP (4357)

<https://www.genesisshelter.org/education/safety-planning/>

(Call the helpline for support)

## Women Called Moses Safety Escape Plan

<https://www.wcmcares.org/safety-escape-plan/>

This plan provides helpful information on what one might need when getting out of a violent situation.

# Additional Resources

## The Stewpot's Creative Programs

See Information here: <https://www.thestewpot.org/art-music-creative-programs>

Updated as of: 01/23/24

## TAFB Cooking Workshops

Website: <https://tafb.org/cooking-matters/>

To register for a cooking workshop:

<https://forms.office.com/pages/responsepage.aspx?id=IDjAZibuAUaptKHW7KcRwySJ2sL6a2xCmMmlJHN7OpUOEtUOTNNNkIyRUpGM0JVV1NETzg1Sk1INyQIQCN0PWcu>

To practice what they learn in courses, adult participants receive groceries they can use to create a Cooking Matters meal with their families. All programs are regularly offered in English and Spanish, and in other languages by request.

Updated as of: 08/09/23